

# WHAT HEALTH PROFESSIONALS ARE SAYING...



*“Dance for Parkinson’s disease is more than a possible therapy or treatment...it’s a dose of meaningfulness for these patients. It’s a small jewel that gets them working on something that helps them feel connected.”*

– Jay Baruch, MD, Assistant Professor of Emergency Medicine, Alpert Medical School, Brown University

*“Patients with PD can often move more quickly, speak more loudly, and do other things better when their motor systems are activated by cues such as music, rhythm, and dance.”*

– Daniel Tarsy, MD, Director of the Parkinson’s Disease Center, Beth Israel Deaconess Medical Center, Boston, MA

*“It’s fascinating to see people who may have walked in slowly and sat down slowly and stood up slowly, and then, when the music comes on, they really just get going. You have to learn a complex series of steps...There are pauses. There are turns. There are points where you go backwards. There are points where you mirror what your partner is doing. It has the physical component, but I think it also has the cognitive component...Medicines can’t always do as much as we want, so I’ve been recommending people for years and years to take Dance for PD.”*

– Claire Henchcliffe, MD, Neurologist, Director of the Parkinson’s Institute, New York-Presbyterian Hospital/Weill Cornell Medical Center

*“In the consultation room, I often get on my soap box and give a little lecture about the importance of physical activity, social interaction, mental stimulation... and Dance for PD gives all three of those.”*

– Neil Mahant, MD, Neurologist and Neurophysiologist, Westmead Public Hospital, Westmead Private Hospital, Sydney, Australia